



# Health Care Reform Changes

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The Patient Protection and Affordable Care Act (PPACA) was enacted on March 23, 2010. As a result, the following changes to Health Care FSAs are effective for FSAFEDS. These changes do not impact Dependent Care FSAs.

## Over-the-Counter (OTC) Medicines and Drugs

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To be reimbursed for eligible over-the-counter (OTC) medicines and drugs, you must obtain a prescription from your doctor that includes your doctor's signature. When you file a claim, you must submit your prescription along with an itemized receipt.

There is one exception – insulin does not require a prescription.

Important Details:

- A prescription is a written or electronic order for a medicine or drug that meets the legal requirements of a prescription in the state in which the OTC medicine is purchased.
- In addition, the OTC medicine must be prescribed by an individual who is legally authorized to issue a prescription in that state.
- A prescribed OTC medicine or drug must be used to treat or alleviate a medical condition. It cannot be for general health or cosmetic purposes.

## Over-the-Counter Items

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You do not need a prescription for eligible OTC items that are not medicines or drugs. Examples of OTC items include bandages, diabetic supplies, first aid kits, and hearing aid batteries. Diagnostic devices such as blood sugar test kits and blood pressure monitors are also eligible OTC expenses.

For more information on OTC items, check out the Eligible Expenses webpage at [www.FSAFEDS.com](http://www.FSAFEDS.com).

## Eligible Dependents Through Age 26

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Health care reform changed the maximum age limit for eligible dependents under a Health Care FSA. You may submit eligible expenses for the following individuals through the calendar year in which they turn age 26: son, daughter, stepson, stepdaughter, adopted son or daughter, eligible foster son or daughter, or a child who is placed with the employee for legal adoption.

## Health Care FSA Annual Maximum

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Although not included in PPACA, there's an annual dollar limit you can contribute to your Health Care FSAs and Limited Expense Health Care FSAs, which may be indexed for inflation each year.

For 2020, the maximum annual amount is \$2,750.

If you have questions, visit the FSAFEDS website at [www.FSAFEDS.com](http://www.FSAFEDS.com). You may also contact an FSAFEDS Benefits Counselor toll-free at 877-FSAFEDS (372-3337), TTY: 866-353-8058, Monday through Friday from 9 a.m. to 9 p.m., Eastern Time.